



Article #2

First step towards inclusion in the bread sector: the VIPs VIBES Methodological Manual

Funded under the Erasmus+ KA220-VET initiative, the **VIPs VIBES** (The Inclusion of Visually Impaired Persons in the Bakery Sector) project is achieving its first tangible results. **The main goal achieved so far is the creation of the Methodological Manual for Assistants and Mentors, a fundamental document for promoting the inclusion of visually impaired people (VIPs) in the bakery sector.**

The Methodological Manual is a practical and comprehensive tool aimed at both VIPs who wish to enter the world of baking, and companies that want to make their environments more accessible and inclusive. It is divided into two main sections:

- **For VIPs** - Provides detailed training on bread-making, from the history of bread to the chemistry of the ingredients, from kneading and baking techniques to health and hygiene regulations. This course has been designed to promote the acquisition of specific skills and to enable people with visual impairments to work independently.
- **For companies and mentors** - Includes guidelines on how to adapt the workplace to the needs of VIPs, effective communication strategies and good practices to counter discrimination. The introduction of the figure of the Mentor, a professional in charge of facilitating inclusion in bakeries, represents a key point of this section.

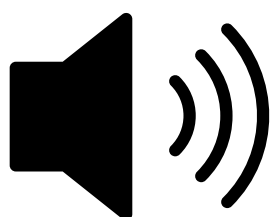


The Methodological Manual is not just a theoretical document, but a real operational resource, with practical indications and tools that can be adapted to different professional situations. Thanks to this first output of the VIPs VIBES project, **the bakery sector now has a clear and concrete guide to break down barriers and encourage the active participation of people with visual impairments in the world of work.**

This manual is the first step in a broader process that will continue in the coming months with the development of additional tools, such as the **Digital Toolkit and the VIPs VIBES Curriculum**, aimed at consolidating the process of inclusion and training in the sector.

With this achievement, **VIPs VIBES confirms its commitment to demonstrating that inclusion is not only a social value, but also a valuable resource for the world of work.**

The Methodological Manual is a true operational resource with helpful suggestions and tools that may be modified for use in various professional contexts, not only a theoretical guide. Thanks to this initial output of the VIPs VIBES project, the bakery sector now has a clear and specific direction to remove obstacles and support the active participation of persons with visual disabilities in the world of employment.



<https://vipsvibes.eu/>



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